

Curriculum Suggestions for the 1,000 hour
BCATA Membership Requirement
Modified to 525 hours at Oct 2005 AGM

Personal Development – 100 hours

Student will acquire these hours on their own.

Suggested activities or modalities that will qualify are:

Courses in:

Massage	Shiatsu	Reflexology	Reiki	Shen
Therapeutic Touch	Tai Chi	Qi Gong	Yoga	Meditation
Acupuncture	Herbology	Aromatherapy	Peer Counseling	
Citizen Counseling	Thai Massage	Ayurvedic Medicine	Relaxation Techniques	
Guided imagery	Biofeedback	Feldenkrais	Hellerwork	Rolfing
Alexander Technique	Self Help Group (AA, Cancer Therapy)		Hakomi	NLP
Hypnotherapy	Homeopathy	Polarity Therapy	Process Oriented Psychology	
Crystal Therapy	Huna work	PD Seminars		

Not more than 25 percent pertaining to sessions received.

A certificate or a letter from the instructor stating the hours of the course will be required for validation.

Professional Ethics – 25 hours

There are many courses on the market covering professional ethics. It is suggested that applicants seek out courses which place an emphasis on ethics in the therapeutic situation particularly as it concerns bodywork, and close personal contact with clients. An example of such a course would be *Gaeta Seminars for Bodywork Therapists* with Michael Gaeta, L.Ac.

Suggested Related Topics – 213 hours

1. Chi Massage
2. Meridian Massage
3. The Fertility Cycle – Gynecology, Midwifery, Birth and Menopause
4. Moxibustion/Akibane
5. Review weekends for Jin Shin Do Basic, Intermediate, Advanced and Module II Courses

6. Tonification and Sedation Weekend
7. Worsley Style Assessment – (Color, Sound, Odour, Emotion)
8. Counseling/Deepening courses
9. Introduction to Acutonics
10. Assessment Through Meridian Palpation
11. Acutonics Sound Gates to Meridian Harmonics
12. Experiential Anatomy and Physiology for Healers
13. Loving Presence Workshop
14. Falling Awake
15. Rising in Love
16. Energetic Blocks to Healing – Why People Don't Heal
17. Danu Deck Workshop
18. Magic Massage Techniques
19. Accessing Inner Guidance
20. Taoist Yoga Retreat
21. Massage of the Extremities: Hands, Head and Feet
22. Rejoining the Ocean - Palliative Care for the Ethereal Soul
23. Vision and Renewal - 5 Elements, Plant Spirits & Shamanic Journeyings
24. Marketing for Healing Artists
25. The Face We Show to the World